Candelen

Supported Communities. Stronger Families. Happy Kids.

PROFESSIONAL DEVELOPMENT COURSE CATALOG

Candelen

Our Mission

Candelen champions children everywhere by providing resources and support to anyone who impacts them, helping every child achieve the brightest outlook possible.

Services Offered

Candelen empowers parents, caregivers, and educators to know they have everything it takes to be brain builders giving children everything they need to be their most brilliant selves. That is why we offer expert-led trainings, resources, and support to parents, caregivers and early childhood educators, so everyone can act in the best interest of the child.

Professional Development Course Catalog

Candelen Professional Development offers a wide range of topics that align with the Arizona DHS ongoing training requirements and the Arizona Early Childhood Workforce Registry Knowledge and Competencies. We use the Arizona Infant and Toddler Developmental Guidelines, the Arizona Early Learning Standards, and the Arizona Center for Afterschool Excellence Quality Standards along with current research and published works to guide our course development. Our courses outline what early childhood and school-age professionals need to know and do when caring for and educating young children and support professionals in their goals of increasing their knowledge of educational best practices.

Candelen

Knowledge Areas

AZ Early Childhood Workforce Knowledge and Competencies	Arizona DHS Ongoing Training Requirements
Child Growth and Development	Developmental Psychology
Curriculum and Learning Environment	Developmentally Appropriate Practice
Child Observation and Assessment	DAP Areas
Effective Interactions	Program Administration and Planning
Professionalism	Infant Growth and Development
Family and Community Partnerships	Community Services and Resources
Program Management	Language Development
Social Emotional Learning	Child Guidance and Discipline
Language Development	Safety Indoor/Outdoor Activity Areas
Physical Development	Child Abuse Detection and Reporting
Cognitive Development	Observation and Child Assessment
	Recognition of Illness and Infestation

[1]Arizona Infant and Toddler Guidelines: www.azftf.gov/WhoWeAre/Board/Documents/az_infant_toddler_guidelines.pdf

[2]Arizona Workforce Knowledge and Competencies: http://azearlychildhood.org/uploads/sites/1/WKC_FINAL_07.31.15.pdf

[3]Arizona Early Learning Standards: https://cms.azed.gov/home/GetDocumentFile?id=591e2ea43217e122b492b21f

[4]Arizona Center for Afterschool Excellence Quality Standards: https://azafterschool.org/promoting-quality/quality-standards/

[5]ADHS Training Requirements: 18 hours of annual training are required for each staff member (Per R9-5403)

Visit candelen.org/pd for more information and registration!

Individual registration is required prior to the start of the class. Additional trainings continue to be added.

Visit the Registry or contact Candelen to find out about other opportunities available in your area.

The Candelen Training Department can be reached by calling (480) 829-0500, Option 2.

Title/Topic	Age Range	Description	AZITG Domain[1] / Core Knowledge Area[2] DHS Training Requirement Category[5]
Understanding Typical and Atypical Development in Infants and Toddlers *Also available in Spanish*	Infant/Toddler	This training will help teachers identify factors that can influence typical and atypical development in infant and toddlers and ways to recognize and react to potential red flags.	Child Growth and Development Developmental Psychology
Making Strong Connections through Primary Caregiving *Also available in Spanish*	Infant/Toddler	Young children benefit deeply from strong attachments and responsive caregiving; this training helps participants understand how to make powerful connections with babies using primary caregiving concepts.	Social Emotional Program Administration /Planning
Fostering Secure Attachment with Young Children *Also available in Spanish*	Infant/Toddler	An introduction to attachment theory and styles, this training highlights the importance of a child's first relationships and the profound long-lasting effects they can have on subsequent development.	Social Emotional Developmental Psychology
Physical Development: Tummy Time for Babies *Also available in Spanish*	Infant/Toddler	Participants will learn the importance of Tummy Time and other gross motor development and how well-designed environments can support a child's gross motor skills and milestones.	Physical Development/Health and Safety DAP Areas
Building Brains through Exploration and Discovery *Also available in Spanish*	Infant/Toddler	Exploration and discovery is an important part of cognitive development in the early years of life. Participants in this training will gain an understanding of how to set up environments and activities to encourage children to explore their world.	Cognitive Development Infant Growth & Development
Teacher's Guide to Brain Development *Also available in Spanish*	Infant/Toddler	Research shows that positive experiences and interactions with caregivers promote healthy brain development, especially in young children. This training explains the basic structure of the brain and how it develops and details activities to foster healthy development.	Cognitive Development Developmental Psychology

Healthy Relationships = Healthy Brains *Also available in Spanish*	Infant/Toddler	Gain an understanding of how the brain reacts to stress and how positive experiences and interactions with caregivers promote healthy brain development.	Cognitive Development Developmental Psychology
Physical Development: Gross Motor *Also available in Spanish*	Infant/Toddler	Rapid physical development is a cornerstone of healthy development of young children. This training will help participants understand how children grow and develop physical skills and how to set up environments and activities to encourage that development.	Physical Development Developmentally Appropriate Practice
Creating Communities with Families *Also available in Spanish*	Infant/Toddler	This training helps participants gain an appreciation for parents as a child's first teacher. They learn new strategies for engaging parents and families in the early care environment.	Family and Community Partnerships Community Services / Resources
Language Development: Listening and Understanding *Also available in Spanish*	Infant/Toddler	Part I of II in the language development series, this training digs into how children grow and develop receptive language skills in the early years.	Language Development Language Development
Language Development: Communicating and Speaking	Infant/Toddler	Part II of II in the language development series, this training explores how to foster children's expressive communication and speaking skills in the early years.	Language Development Language Development
Flexible Schedules, Routines, and Transitions for Infants and Toddlers	Infant/Toddler	This training will help participants understand the importance of implementing flexible schedules, and routines that meet children's individual needs through responsive caregiving.	Overall Learning Environments Child Guidance / Discipline
Early Foundations for Math *Also available in Spanish*	Infant/Toddler	Math can be found everywhere in life, this training helps caregivers connect foundational math concepts to everyday classroom activities using intentional actions, readily available materials, and "Math Talk".	Mathematics/Curriculum Developmentally Appropriate Practices

Understanding Biting in Early Care Classrooms *Also available in Spanish*	Infant/Toddler	Unfortunately biting happens all too frequently in early care environments, this training will help caregivers understand common reasons children bite, how to set up environments, activities, and materials to help prevent this behavior, and how to talk to parents about biting before and after incidents occur.	Social/Emotional Child Guidance / Discipline
Creating Nurturing Environments for Infants and Toddlers	Infant/Toddler	When caregivers understand and support infant and toddler development, exploration, engagement and overall well-being drastically improve. This training will show providers how to put careful thought and planning into creating nurturing environments to help facilitate growth in all developmental domains.	Overall Learning Environments Safety Indoor/Outdoor Activity Areas
Understanding Temperament *Also available in Spanish*	Infant/Toddler	This training will explore a variety of temperament styles and traits and help participants understand how temperament can affect development. Participants will also learn that knowing a child's temperament helps caregivers better understand children's individual preferences, desires, and feelings appropriately.	Social Emotional Developmental Psychology
I Can Do It! Helping Children Learn Persistence *Also available in Spanish*	Infant/Toddler	Participants will gain a deeper understanding of persistence as an approach to learning and how it affects development both in the early years and into the future.	Approaches to Learning Infant Growth & Development
Preventing Abusive Head Trauma	Infant/Toddler	This training will cover what abusive head trauma is, what the results and symptoms of AHT can be, what the typical/most common triggers for AHT are, and we will explore some ways that AHT can be prevented.	Health & Safety Child Abuse Detection/Report/Prevention

Title/Topic	Age Range	Description	AZELS Domain[3] / Core Knowledge Area[2] DHS Training Requirement Category[5]
Understanding Typical and Atypical Development in Preschool Children	Preschool 3-8 years	This training helps teachers in developing an inclusive environment that supports the needs and learning styles of each child. Teachers will gain strategies for modifying classroom activities and routines.	Physical Development Child Growth and Development Developmental Psychology
Child Development Basics: 3-5 years *Also available in Spanish*	Preschool 3-8 years	This training helps participants gain a baseline understanding of child development.	Child Growth and Development Developmental Psychology
Primary Caregiving for Preschool and Beyond *Also available in Spanish*	Preschool 3-8 years	Whether practiced formally or informally, primary caregiving and responsive teaching offer many benefits for children, families, and staff. This training helps participants understand the concepts of primary caregiving along with tips on how to implement it in schools and centers.	Social Emotional Program Administration/Planning
FLIP IT!®	Preschool 3-8 years	Four supportive steps to help young children learn about their feelings, gain self-control, and reduce challenging behavior.	Social Emotional/Effective Interactions Child Guidance/Discipline
Understanding and Guiding Behavior *Also available in Spanish*	Preschool 3-8 years	This training covers foundational concepts of building relationships with children, establishing behavioral expectations, supporting autonomy& self- regulation while encouraging and modeling prosocial behaviors.	Social Emotional/Effective Interactions Child Guidance/Discipline
Families as First Teachers *Also available in Spanish*	Preschool 3-8 years	Families are children's first teachers. This training helps participants understand the importance of families in children's lives and how they influence development across all learning domains.	Family and Community Partnerships Community Services/Resources

Creating Communities with Families *Also available in Spanish*	Preschool 3-8 years	The goal of this training session is to help participants recognize the value of building positive relationships with families and how to create opportunities for collaboration and community building.	Family and Community Partnerships Community Services/Resources
Schedules, Routines, and Transitions that Work *Also available in Spanish*	Preschool 3-8 years	Children thrive when their schedules and routines are consistent, meaningful, and flexible to their needs. This training helps participants understand the importance of creating schedules that work, along with tips and ideas for easy implementation.	Curriculum and Learning Environment Child Guidance and Discipline
Ethics for Childcare Professionals	Preschool 3-8 years	This training helps participants understand how ethics in early care and education support their decision-making processes and how their personal values align with their work in early care and education.	Professionalism Program Administration/Planning
Plans and Procedures for Child Assessments *Also available in Spanish*	Preschool 3-8 years	This training covers foundational concepts intentional observation and assessment of children's growth and development in the preschool years; including anecdotal records, portfolio building and more.	Observation and Assessment Observation & Child Assessment
Families as Customers and Partners	Preschool 3-8 years	Participants will learn the importance of embedding exceptional customer service in all daily interactions in order to exceed families' expectations.	Family and Community Partnerships Program Administration/Planning
Creating Spaces for Fun and Learning	Preschool 3-8 years	Children learn best when they feel safe, secure, and free to explore and learn. Creating environments where they can craft secure relationships with their peers and caring and responsive adults can help providers meet children's developmental needs in every learning domain.	Curriculum and Learning Environment Safety Indoor/Outdoor Activity Areas

Inclusion for Children with Disabilities *Also available in Spanish*	Preschool 3-8 years	Each child is unique in their abilities. Learn about disabilities that you may encounter in your classroom and how all children can benefit from quality early childhood experiences in a welcoming classroom setting with teachers who understand their special needs.	Child Growth and Development Community Services/Resources
Trauma Responsive Caregiving *Also available in Spanish*	Preschool 3-8 years	This training will help participants recognize what trauma is, understand how trauma affects the brain, and the ways it might manifest. You will learn how caregivers can help children feel safe as well as build trust and self-regulation skills.	Effective Interactions Developmental Psychology
Teaching with Intent *Also available in Spanish*	Preschool 3-8 years	Balancing play and learning can be challenging! This training looks at what it means to be an intentional teacher and the different strategies that intentional teachers use to balance play and learning to put it all together and make learning and teaching, fun!	Curriculum and Learning Environment Observation & Child Assessment
Preschool Math *Also available in Spanish*	Preschool 3-8 years	This training will cover some foundational preschool math concepts and how teachers can expose children to mathematics in everyday activities.	Curriculum and Learning Environment DAP Areas
Preschool Writing: From Scribble to Script	Preschool 3-8 years	This training helps participants gain an understanding of the developmental stages of emergent writing and focuses on the importance of writing experiences in the development of early literacy skills. Through activities and discussions, participants will recognize opportunities within the daily schedule and classroom environment to promote children's emergent writing skills.	Curriculum and Learning Environment DAP Areas

Preschool STEM: Tinker, Create, and Play *Also available in Spanish*	Preschool 3-8 years	This training will help participants understand the importance of introducing STEM activities to Preschool aged children, intentionally creating STEM challenges help children become interested and engaged in Science, Technology, Engineering, and Math.	Curriculum and Learning Environment DAP Areas
Coming to Terms with the Germs Around Us	Preschool 3-8 years	This is a deeper dive into the topic of what germs are, how they are spread, ways to prevent them, and when to use cleaning, sanitization or disinfecting safely and effectively.	Health, Safety, and Nutrition Recognition of Illness/Infestation
Who's Here today? The Importance of Supervision and Ratios	Preschool 3-8 years	This training will help participants understand the importance of constant supervision in all aspects of childcare. The training will cover state regulations for supervision and ratio maximums as well as staffing, budgeting, and corrective action plans (CAP).	Program Management Program Administration/Planning
Mind in the Making ® (8-part series) *Also available in Spanish*	Preschool 3-8 years	Participants will have an Overview of the 7 Essential Life Skills as a learning journey. The Mind In The Making learning journey is driven by science and built on relationships. Participant will be introduced to the Life Skills and how to apply them in their own life as well as promoting the use of the skills while working with children.	Curriculum and Learning Environment Developmental Psychology
Learn to Play Play to Learn	Preschool 3-8 years	In this training, we explore both the type and benefits of play. We learn more about how play promotes growth in all developmental domains. We will learn the differences between free and guided play and learn strategies to optimize development through guided play.	Curriculum and Learning Environment Developmentally Appropriate Practice
Look What I Made The Beauty of Process Art	Preschool 3-8 years	In this training, we explore the differences between process vs. product art. We learn more about the many benefits of product over process art in preschool classrooms.	Curriculum and Learning Environment Developmentally Appropriate Practice

COVID-19 For Child Care Programs: What This Virus Is and How Can We Prevent the Spread in Childcare Programs *Also available in Spanish*	Preschool 3-8 years	This training covers the basic information individuals caring for children need to know in order to protect themselves and others from COVID-19. We will discuss what this virus is and how to help prevent the spread in childcare programs.	Health and Safety Practices Recognition of illness/Infestation

[2]Arizona Workforce Registry Core Knowledge Areas

[3]Arizona Early Learning Standard

[5]ADHS Training Requirements

Title/Topic	Age Range	Description	OST Standards[4] / Core Knowledge Area[2] DHS Training Requirement Category[5]
Child Development Basics: The School-Age Years *Also available in Spanish*	School Age 5-12 years	This training helps participants understand the continued development of children through age 12 years. Participants will learn to recognize basic benchmarks for growth and development.	Child Growth and Development Developmental Psychology
Setting Up an Environment for School-Agers	School Age 5-12 years	This training helps participants understand the importance of setting up an environment that meets the varied needs of school age children. In addition, identify ways to provide developmentally appropriate and culturally responsive teaching.	Environments That Support Learning Safety Indoor/Outdoor Activity Areas
Homework Help in Afterschool Programs	School Age 5-12 years	This training helps participants understand the importance of high-quality afterschool programs. This training also help participants provide a supportive environment for homework help and activities that support and extend learning.	Environments That Support Learning DAP Areas
STEM in the After School Setting *Also available in Spanish*	School Age 5-12 years	This training helps participants understand the importance of STEM activities and how they help children to improve academically and bring awareness of future possibilities of careers as scientist, mathematicians and engineers.	Environments That Support Learning DAP Areas

N/A: Not used for this topic

[2]Arizona Workforce Registry Core Knowledge Areas

[4]Out of School Time Standards

[5]ADHS Training Requirements

Title/Topic	Age Range	Description	Core Knowledge Area[2] DHS Training Requirement Category[5]
Partnering with Families for Child Success *Also available in Spanish*	0-12 years	This training helps participants understand the importance of including families in their programs. A goal of this training session is to help participants recognize the value of building positive relationships with families.	Family and Community Partnerships Community Services/Resources
Family Child Care Learning Environments	0-12 years	This training allows participants the opportunity to explore what type of environment would best suit the children in their home care space. It looks at how to meet the needs of a mixed age group.	Curriculum and Learning Environment Safety Indoor/Outdoor Activity Areas
Business Issues for Family Child Care Providers	0-12 years	This course allows participants to learn and discuss the unique business aspects of running a family childcare business.	Program Management Program Administration/Planning
Recordkeeping for Family Child Care Providers	0-12 years	This course helps family child care providers understand how to identify which business records to keep, how to properly report business income, and how to maximize common tax deductions for their family child care business.	Program Management Program Administration/Planning
Understanding Child Development when Working with Multiple Ages *Also available in Spanish*	0-12 years	This training helps participants understand the continued development of children through age 12 years. Recognize the importance of understanding development in environments with multiple aged children.	Child Growth and Development Developmental psychology
Understanding and Guiding Behavior *Also available in Spanish*	0-12 years	This training covers foundational concepts of building relationships with children, establishing behavioral expectations, supporting autonomy& self- regulation while encouraging and modeling prosocial behaviors.	Effective Interactions Child Guidance/Discipline

[2]Arizona Workforce Registry Core Knowledge Areas

[5]ADHS Training Requirements

Title/Topic	Age Range	Description	Core Knowledge Area2 DHS Training Requirement Category5
Ethics for Childcare Professionals	Directors Leadership Teams	This training helps participants understand how ethics in early care and education support their decision-making processes and how their personal values align with their work in early care and education.	Professionalism Program Administration/Planning
Hiring and Retaining the Best Staff	Directors Leadership Teams	This training helps participants develop ideas for hiring, engaging and retaining staff. They will learn to recognize the 'Best Fit" for the job and hire quickly.	Program Management Program Administration/Planning
Primary Caregiving for Preschool and Beyond	Directors Leadership Teams	Whether practiced formally or informally, primary caregiving and responsive teaching offer many benefits for children, families, and staff. This training helps participants understand the concepts of primary caregiving along with tips on how to implement it in schools and centers.	Social Emotional Program Administration/Planning
Provide Coaching and Mentoring Support to Encourage Staff	Directors Leadership Teams	This training will give directors and assistant directors the essentials to providing coaching and mentoring support to their staff. Participants will learn the importance of staying present and connected with employees.	Program Management Program Administration/Planning
Budgeting and Planning for a Quality Early Childhood Program	Directors Leadership Teams	This training will help directors and other leadership staff learn the common components of the child care budget. The content will also look at managing staffing costs- as this is the largest expense of a programs budget. When the business side runs smoothly other things fall into place.	Program Management Program Administration/Planning
Staff Meetings that Make an Impact	Directors Leadership Teams	This training will help directors and other leadership staff learn some helpful strategies to provide meaningful meetings for staff through the use of an agenda, things to consider when facilitating meetings, and engaging staff.	Program Management Program Administration/Planning

Planning for Success: Working Toward a Shared Vision	Directors Leadership Teams	What does it take to have a truly successful Child Care program? In this training, you will learn how to focus on what is important to evaluate in an early childhood program while reflecting on developing your program's mission and vision.	Program Management Program Administration/Planning
Families as Customers and Partners	Directors Leadership Teams	Join us in learning what customer service looks like in a Child Care setting! You will learn the importance of embedding exceptional customer service in all your daily interactions to exceed the family's expectations.	Early Childhood Leadership Network Program Administration/Planning
Onboarding New Staff in Early Childcare Programs	Directors Leadership Teams	This training explores the onboarding process of new early childhood professionals and looks at why effective onboarding is essential to staff's job satisfaction and retention.	Program Management Program Administration/Planning

[2]Arizona Workforce Registry Core Knowledge Areas

[5]ADHS Training Requirements